



Week

Three

OVERCOMING  
ADVERSITY

# OVERCOMING ADVERSITY

SUNDAY, NOVEMBER 3  
NEHEMIAH 4

*“Opposition is not only an evidence that God is blessing, but it is also an opportunity for us to grow.” (Warren Wiersbe)*

*“God had one Son without sin, but He never had a son without trial.” (Charles Sprurgeon)*

*How to get through trials*

## 1. \_\_\_\_\_ OPPOSITION.

**ENEMIES WILL TRY TO \_\_\_\_\_ YOU (4:1-3)**

THEY RIDICULED THE \_\_\_\_\_ OF GOD'S PEOPLE (4:2)

THEY RIDICULED THE \_\_\_\_\_ OF THEIR FAITH. (4:2)

THEY RIDICULED THE \_\_\_\_\_ OF THEIR TASK. (4:2)

THEY RIDICULED THE \_\_\_\_\_ OF THEIR WORK. (4:3)

**ENEMIES WILL TRY TO \_\_\_\_\_ YOU (4:10-11)**

\_\_\_\_\_ WILL CAUSE YOU TO BECOME \_\_\_\_\_ (4:11)

*“Fear and faith cannot live together in the same heart” (Wiersbe)*

**ENEMIES WILL TRY TO \_\_\_\_\_ YOU (4:12)**

THE MOST \_\_\_\_\_ ATTACKS COME FROM \_\_\_\_\_.

\_\_\_\_\_ PEOPLE WILL ALWAYS \_\_\_\_\_ THE SITUATION.

## 2. THE

## TO OPPOSITION

\_\_\_\_\_ ON GOD (4:4-5)

NEHEMIAH DID NOT GET INTO A CONTEST.

THE ENEMY (4:6, 9, 13, 16-18)

SET A BEFORE YOU ARE ATTACKED (4:9)

**PRINCIPLE: NEVER A ALONE.**

REMAIN ON THE LORD (4:14)

AROUND THE CAUSE (4:14)

THE WORK (4:15)

COMMIT TO THE TASK (4:19-20)

TO QUIT (4:21-23)

## NOTES:

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## NOTES:

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.







**SCRIPTURE** | UNDERLINE THE VERSE(S) THAT STAND OUT TO YOU

6 Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time. 7 Cast all your anxiety on him because he cares for you.

8 Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. 9 Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.

10 And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. 11 To him be the power for ever and ever. Amen.

| OBSERVATION | APPLICATION |
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SCRIPTURE | UNDERLINE THE VERSE(S) THAT STAND OUT TO YOU

1 Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty.

2 I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust."

3 Surely he will save you from the fowler's snare and from the deadly pestilence.

4 He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart.

5 You will not fear the terror of night, nor the arrow that flies by day,

6 nor the pestilence that stalks in the darkness, nor the plague that destroys at midday.

7 A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.

8 You will only observe with your eyes and see the punishment of the wicked.

9 If you say, "The Lord is my refuge," and you make the Most High your dwelling,

10 no harm will overtake you, no disaster will come near your tent.

11 For he will command his angels concerning you to guard you in all your ways;

12 they will lift you up in their hands, so that you will not strike your foot against a stone.

13 You will tread on the lion and the cobra; you will trample the great lion and the serpent.

14 "Because he loves me," says the Lord, "I will rescue him; I will protect him, for he acknowledges my name.

15 He will call on me, and I will answer him; I will be with him in trouble, I will deliver him and honor him.

16 With long life I will satisfy him and show him my salvation."

OBSERVATION

APPLICATION

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### SCRIPTURE

UNDERLINE THE VERSE(S) THAT STAND OUT TO YOU

13 One day when Job's sons and daughters were feasting and drinking wine at the oldest brother's house, 14 a messenger came to Job and said, "The oxen were plowing and the donkeys were grazing nearby, 15 and the Sabeans attacked and made off with them. They put the servants to the sword, and I am the only one who has escaped to tell you!"

16 While he was still speaking, another messenger came and said, "The fire of God fell from the heavens and burned up the sheep and the servants, and I am the only one who has escaped to tell you!"

17 While he was still speaking, another messenger came and said, "The Chaldeans formed three raiding parties and swept down on your camels and made off with them. They put the servants to the sword, and I am the only one who has escaped to tell you!"

18 While he was still speaking, yet another

messenger came and said, "Your sons and daughters were feasting and drinking wine at the oldest brother's house, 19 when suddenly a mighty wind swept in from the desert and struck the four corners of the house. It collapsed on them and they are dead, and I am the only one who has escaped to tell you!"

20 At this, Job got up and tore his robe and shaved his head. Then he fell to the ground in worship 21 and said:

"Naked I came from my mother's womb, and naked I will depart.[a]

The Lord gave and the Lord has taken away; may the name of the Lord be praised."

22 In all this, Job did not sin by charging God with wrongdoing.

### OBSERVATION

### APPLICATION

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### PRAYER

PRAY ABOUT WHAT YOU HAVE READ AND WRITTEN

SCRIPTURE | UNDERLINE THE VERSE(S) THAT STAND OUT TO YOU

1 But now, this is what the Lord says—  
he who created you, Jacob,  
he who formed you, Israel:  
“Do not fear, for I have redeemed you;  
I have summoned you by name; you are mine.

2 When you pass through the waters,  
I will be with you;  
and when you pass through the rivers,  
they will not sweep over you.  
When you walk through the fire,  
you will not be burned;  
the flames will not set you ablaze.

3 For I am the Lord your God,  
the Holy One of Israel, your Savior;  
I give Egypt for your ransom,  
Cush[a] and Seba in your stead.

4 Since you are precious and honored in my  
sight, and because I love you,  
I will give people in exchange for you,  
nations in exchange for your life.

5 Do not be afraid, for I am with you;  
I will bring your children from the east  
and gather you from the west.

6 I will say to the north, ‘Give them up!’  
and to the south, ‘Do not hold them back.’  
Bring my sons from afar and my daughters from  
the ends of the earth—

7 everyone who is called by my name,  
whom I created for my glory,  
whom I formed and made.”

18 “Forget the former things;  
do not dwell on the past.

19 See, I am doing a new thing!  
Now it springs up; do you not perceive it?  
I am making a way in the wilderness  
and streams in the wasteland.

OBSERVATION APPLICATION

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SCRIPTURE | UNDERLINE THE VERSE(S) THAT STAND OUT TO YOU

Trials and Temptations

2 Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, 3 because you know that the testing of your faith produces perseverance. 4 Let perseverance finish its work so that you may be mature and complete, not lacking anything. 5 If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. 6 But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. 7 That person should not expect to receive anything from the Lord. 8 Such a person is double-minded and unstable in all they do.

9 Believers in humble circumstances ought to take pride in their high position. 10 But the rich should take pride in their humiliation—since they will pass away like a wild flower. 11 For the sun rises with scorching heat and withers the plant; its blossom falls and its beauty is destroyed. In the same way, the rich will fade away even while they go about their business.

12 Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him.

13 When tempted, no one should say, “God is tempting me.” For God cannot be tempted by evil, nor does he tempt anyone; 14 but each person is tempted when they are dragged away by their own evil desire and enticed. 15 Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

16 Don’t be deceived, my dear brothers and sisters. 17 Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. 18 He chose to give us birth through the word of truth, that we might be a kind of firstfruits of all he created.

| OBSERVATION | APPLICATION |
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SCRIPTURE | UNDERLINE THE VERSE(S) THAT STAND OUT TO YOU

1 In that day this song will be sung in the land  
of Judah:  
We have a strong city;  
God makes salvation  
its walls and ramparts.  
2 Open the gates  
that the righteous nation may enter,  
the nation that keeps faith.  
3 You will keep in perfect peace  
those whose minds are steadfast,  
because they trust in you.  
4 Trust in the Lord forever,  
for the Lord, the Lord himself, is the Rock  
eternal.  
5 He humbles those who dwell on high,  
he lays the lofty city low;  
he levels it to the ground  
and casts it down to the dust.  
6 Feet trample it down—  
the feet of the oppressed,  
the footsteps of the poor.  
7 The path of the righteous is level;  
you, the Upright One, make the way of the  
righteous smooth.

8 Yes, Lord, walking in the way of your laws,  
we wait for you;  
your name and renown  
are the desire of our hearts.  
9 My soul yearns for you in the night;  
in the morning my spirit longs for you.  
When your judgments come upon the earth,  
the people of the world learn righteousness.  
10 But when grace is shown to the wicked,  
they do not learn righteousness;  
even in a land of uprightness they go on doing  
evil  
and do not regard the majesty of the Lord.  
11 Lord, your hand is lifted high,  
but they do not see it.  
Let them see your zeal for your people and be  
put to shame;  
let the fire reserved for your enemies con-  
sume them.  
12 Lord, you establish peace for us;  
all that we have accomplished you have done  
for us.

OBSERVATION APPLICATION

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